

Course Type	Course Code	Name of Course	L	T	P	Credit
DE	NHSD516	Critical Psychology	3	0	0	3

Course Objective

To promote a critical understanding of mainstream psychology and understanding how doing psychology critically can help in addressing the pressing social issues of current times.

Learning Outcomes

Upon successful completion of this course, students should:

- Be able to develop a critique of mainstream psychology that grants psychologists and think critically and creatively about how best to serve a wide range of individuals and communities.
- Understand the application critical theory across different subfields and questioning existing knowledge structures
- Be able to understand and prepared for deep critical inquiry and also have understanding about concepts such as social justice, social issues, mental health and equality to foster a society based on the ideals of social inclusion.

Unit No.	Topics to be Covered	Lecture Hours	Learning Outcome
1	Foundations Origin, Definition, Nature and scope of Critical Psychology	8	Understanding the foundations of critical psychology namely, critical theory, psychology, and social justice. To examine the historical, political, economic, and cultural underpinnings of mainstream psychology as well as its role in issues such as power and oppression.
2	Critical health psychology Limitations of mainstream health psychology, Decolonizing mental health	7	Critiquing the limitations of mainstream health psychology, understanding how socio-structural processes and power relations sustain disadvantage and health inequities
3	Community Psychology Understanding community, aims and scope of community psychology, Intervention and Prevention strategies	5	Fostering an understanding of the prevention of problems, the promotion of well-being, the empowerment of members within a community, the appreciation of diversity, and an ecological model for the understanding of human behavior.
4	Critical social psychology Social constructionism, Discursive psychology	7	Critiquing the limitations of mainstream social psychology, Utilising the critical lenses in understanding the relationships between social issues, vulnerable populations and themes such as inequalities, oppression and resistance.
5	Critical research methodologies Critical ethnography, role of positionality, reflexivity, social justice in critical research	7	Understanding the different critical methodologies to do research

6	Critical Psychology and Social Change Liberation Psychology and Action Research as the way forward for social change	8	To generate possibilities for progressive psychologies which emphasize social justice, liberation, and equality in the aim of facilitating the wellbeing of individuals, communities, and societies
Total Lecture Hours		42	

Text books:

1. *Critical Psychology An Introduction*, edited by Dennis Fox and Isaac Prilleltensky.
2. *Doing Psychology Critically* by Isaac Prilleltensky and Geoffrey Nelson

Reference books:

1. *Critical Social Psychology* by Keith Tuffin.